

Amy Brnger Painting Supply List

Alla Prima Painting Two Day Workshop

My demos use a double primary palette. What that means is that each primary (red, yellow, blue) has a "warm" and "cool" paint color. I add white and black, for a total of eight paint colors. I play around with adding and subtracting colors in my personal painting practice, but I do use a limited palette, in one way or another, for most of my painting. You will learn to mix by value (light to dark) and temperature (warm and cool).

BRUSHES

If you have brushes that are 1", ½", and ¼" wide, that is great. Please make sure to have a 1" brush, as that will naturally loosen up your strokes.

I prefer **brights** due to the flat top, but you can use what you are comfortable with. Brights make a more visible brush stroke.

My preferred brand is **Trekell, Opal 4000 Flat**, and my workhorse is the 1" size 12 brush. I also like the Trekell, Golden Taklon 2510 size 10 and 16 flat, and sometimes a Golden Taklon size 4.

I like the snapiness of a synthetic brush as I am a vigorous mark maker, but you can certainly bring hog bristle.

PAINTS

Suggested Oil Paint Color List

I mostly use Gamblin Artist Grade oil paints. Windsor Newton is also great and very consistent. Holbein, Williamsburg, Rembrandt, and Michael Harding are all good brands. My preference for Gamblin is solely because I have used them for years and I enjoy the predictability of the product.

Unless specified, avoid "hue" or "student grade" paints, as they have much less pigment in them. The price is attractive, but when you mix them with white, you will find you need to use a LOT of paint to get the hue to appear.

List

Chromatic Black
Titanium White
Quinacridone Magenta (cool red)
Cad Red light (warm red)
Ultramarine Blue (cool blue)
Phthalo Turquoise (warm blue)
Cad Yellow Light (cool yellow)
India Yellow (warm yellow)

Feel free to bring other colors that you like, but we will start with this list.

SURFACES

Have a selection of pre-gessoed canvas, gessoed paper, or panels. For this workshop, have a minimum of four rectangular and or square surfaces, between 10 x 10 to 16 x 20,, your choice.

Please also bring some inexpensive gessoed paper/canvas sheets or gessoed over reject painting surfaces (or gesso some cardboard or paper). I have a few exercises for you and there is no need to use expensive materials for them.

If you are looking for particular brands of panels, my favorite is the Ampersand Museum grade panel. Smooth surfaces with a touch of tooth are nice for quickly moving paint around. You can also gesso your own if you have access to raw panels. 1/8" deep are easy to transport but deeper ones (3/4"-1") are nice

Re: surface. I always use panels or gessoed paper. I don't like canvas, due to the bounce, but FEEL FREE to bring canvas if you like it!

SOLVENT and OIL

Gamsol. Three day workshop, so bring at least a quart (I buy it by the gallon). Please bring more than you think you will need!

Gamsol Refined Linseed oil. Get at least an 8 oz container (it keeps forever).

Gamblin no-solvent gel is okay, but I'm going to teach with a liquid medium (see below).

My Painting Medium

I mix ½ oil and ½ solvent for a general purpose medium. When I am painting over a wet surface (ie, a one or two session painting, I switch to an **all** linseed oil medium. Why? The added thinner can cut through earlier paint layers, creating too much mud in the painting.

If you have a plastic container with a squeeze top that shuts (like the kind used for making oil and vinegar salad dressing), it makes a great container for pre-made medium. I make mine ahead of time and squeeze out a little at a time into my medium jar, so that I don't make a mess out of it.

PALETTE

Whatever you prefer—I like a large palette, at least 16 x 20 when I am working at home and the palette is glass. Well worn wooden palettes are also terrific and that's what I use when I travel.

OTHER THINGS

Paper towels or shop towels. My favorite brand is Viva multi cloth. I go through a roll a day.

3 glass containers with a lid (or you may have your own containers for solvent and medium already). For your solvent. Old salsa, peanut butter, relish jars are great. 4-12 ounce jars. Please cover your thinner and medium when not in use!

Metal Palette knife for mixing paint. You want one with a metal end that is around 3" long –not a tiny or oddly shaped knife. I buy the **Che Son** brand whenever I can find them. Very simple with a good but not too stiff snap.

Plastic bags for leftover paint and used paper towels.

Optional: Disposable gloves. I buy medical grade gloves by the box, making sure they fit snugly.

Optional: Stretch Tite Plastic Wrap. I cover my palette with this if I'm continuing to paint over the next several days. It keeps the paint wet for longer and really sticks to the surface.

Apron or big old shirt.

Old shoes! Can't count the number of times I've drop of splat of paint on mine.

